

<i>SUN</i>	<i>MON</i>	<i>TUES</i>	<i>WED</i>	<i>THURS</i>	<i>FRI</i>	<i>SAT</i>	
	1 Labour Day	2 Zoom Chair Exercise (Chinese/English) & Work Then & Now – Reflections Across Generations One On One Program Group Table Games	3 Zoom - Labour Day Trivia (Cantonese/Mandarin)	4 Zoom Chair Exercise (Chinese /English) & You Be the Cashier One On One Program Group Table Games	5 Zoom Chair Exercise (Chinese /English) & Unusual Jobs One On One Program Group Table Games	6	
7	8 Zoom Chair Exercise (Chinese /English) & You Be The Judge One On One Program Group Table Games Social Prescribing Program	9 Zoom Chair Exercise (Chinese /English) & Spot the Difference One On One Program Group Table Games	10 Zoom- What Am I (Cantonese/Mandarin)	11 Zoom Chair Exercise (Chinese /English) & Sensory Game: Autumn Spices One On One Program Group Table Games	12 Zoom Chair Exercise (Chinese /English) & Laughter Yoga One On One Program Group Table Games	13	
14	15 Zoom Chair Exercise (Chinese /English) & Name 5 One On One Program Group Table Games	16 Zoom Chair Exercise (Chinese /English) & Guess the Sound One On One Program Group Table Games	17 Zoom- Storytelling Hour (Cantonese/Mandarin)	18 Senior Active Living Fair at 349 Ontario Street Day Program Closed	19 Zoom Chair Exercise (Chinese /English) & Current News One On One Program Group Table Games	20	
21	22 Zoom Chair Exercise (Chinese /English) & Higher or Lower One On One Program Group Table Games	23 Zoom Chair Exercise (Chinese /English) & Would You Rather? One On One Program Group Table Games	24 Zoom- Autumn in Canada: Famous Parks & Leaves (Cantonese/Mandarin)	25 Zoom Chair Exercise (Chinese /English) & Sensory Game: Autumn Spices One On One Program Group Table Games	26 Zoom Chair Exercise (Chinese /English) & Pictionary One On One Program Group Table Games	27	
28	29 Zoom Chair Exercise (Chinese /English) & Finish the Phrase One On One Program Group Table Games	30 Zoom Chair Exercise (Chinese /English) & Name That Tune One On One Program Group Table Games	<h1>September 2025</h1> <p>Unity Circle Adult Day Program 340 College Street, Suite 360</p>				

