

CENTRAL NEIGHBOURHOOD HOUSE NEIGHBOURHOOD LINK ST. STEPHEN'S COMMUNITY HOUSE



Family Fun Fitness Group

Fitness and relaxation to keep you and your family healthy



Dates: Thursdays

July 11, 18 & 25, Aug 1 (4 sessions) Time: 10 – 11am Location: 91 Bellevue Ave, Toronto M5T 2N8

Registration: <u>Nancy.Sun@tngcs.org</u> 416-925-2103 ext 2256





