

Pre/Postnatal December 2024 Webinars/Workshops

In-person Programs or Zoom Webinars (please email to maria.santosfindlay@tngcs.org for zoom link)

Monday	Tuesday	Wednesday	Thursday
<p>2 East York In-Person 3079 Danforth Road <i>Gestational Diabetes</i> 1:00 PM - 2:30 PM</p>	<p>3 East York Webinar <i>Immunization</i> 1:00 PM - 2:30 PM</p> <p>Regent Park In-Person <i>Screen Time for Children</i> 1:30 PM - 3:30 PM</p>	<p>4 Davenport In-Person 1884 Davenport Road <i>Sleep Safety</i> 10:30 AM – 1:00 PM</p>	<p>5 St. Jamestown In-Person 200 Wellesley Street East <i>Nutrition & Breastfeeding</i> 1:00 PM - 3:00 PM</p> <p>Parkdale Queen West Webinar <i>Yoga</i> 1:30 PM - 3:30 PM</p>
<p>9 East York In-Person 3079 Danforth Road <i>Relaxation & Breathing</i> 1:00 PM - 2:30 PM</p>	<p>10 East York Webinar <i>Exercise During Pregnancy</i> 1:00 PM - 2:30 PM</p> <p>Regent Park In-Person <i>Meeting – Program Closed</i> 1:30 PM - 3:30 PM</p>	<p>11 Davenport In-Person 1884 Davenport Road <i>Up with Women Info Session</i> 10:30 AM – 1:00 PM</p>	<p>12 St. Jamestown In-Person 200 Wellesley Street East <i>Healthy Snacks – Food Demo</i> 1:00 PM - 3:00 PM</p> <p>Parkdale Queen West Webinar <i>Labour & Delivery</i> 1:30 PM - 3:30 PM</p>
<p>16 East York In-Person 3079 Danforth Road <i>Q & A with Nurse</i> 1:00 PM - 2:30 PM</p>	<p>17 East York Webinar <i>Relaxation & Breathing</i> 1:00 PM - 2:30 PM</p> <p>Regent Park In-Person <i>Holiday Party</i> 1:30 PM - 3:30 PM</p>	<p>18 Davenport In-Person 1884 Davenport Road <i>Holiday Party</i> 10:30 AM – 1:00 PM</p>	<p>19 St. Jamestown In-Person 200 Wellesley Street East <i>Holiday Party</i> 1:00 PM - 3:00 PM</p> <p>Parkdale Queen West Webinar <i>Immunization</i> 1:30 PM - 3:30 PM</p>
<p>23 East York In-Person 3079 Danforth Road <i>Program Closed</i> 1:00 PM - 2:30 PM</p>	<p>24 East York Webinar <i>Program Closed</i> 1:00 PM - 2:30 PM</p> <p>Regent Park In-Person <i>Program Closed</i> 1:30 PM - 3:30 PM</p>	<p>25 Davenport In-Person 1884 Davenport Road <i>Program Closed</i> 10:30 AM – 1:00 PM</p>	<p>26 St. Jamestown In-Person 200 Wellesley Street East <i>Program Closed</i> 1:00-3:00</p> <p>Parkdale Queen West Webinar <i>Program Closed</i> 1:30 PM - 3:30 PM</p>
<p>30 East York In-Person 3079 Danforth Road <i>Program Closed</i> 1:00 PM - 2:30 PM</p>	<p>31 East York Webinar <i>Program Closed</i> 1:00 PM - 2:30 PM</p> <p>Regent Park In-Person <i>Program Closed</i> 1:30 PM - 3:30 PM</p>		