





<u>CLICK HERE or scan</u> <u>the QR Code above</u> <u>to join!</u>

HIV PROGRAM EDUCATION SUMMER/FALL 2025

Second Tuesday of each month 10:30 AM - Noon

HIV Pre-Exposure Prophylaxis

Many people don't realize that there are is a once-daily pill to prevent HIV through sexual transmission, and that injectable, bimonthly options are becoming more widely available. This workshop will explore PrEP basics, how to get it, where to go, and covering the cost.

HIV & Parenting



June

Living with HIV can feel like a barrier to parenting. This workshop will introduce participants to prevention methods that reduce the risk of babies acquiring HIV during pregnancy and birth, and how to stay healthy after delivery.

HIV and Mental Health



While HIV impacts the immune system, it also affects mental health--directly and indirectly. This workshop will introduce participants to the mental health consequences of HIV, and of living with the virus.

Supporting HIV Testing



Going for an HIV test can be an anxious or even frightening experience. This workshop will offer participants some tools to help navigate anxiety and to support people in knowing their status.

"STBBI" 101





November

Sexually Transmitted and Blood-Borne Infections (STBBIs) like HIV impact people's lives deeply and personally. This workshop will introduce participants to different STBBIs, testing, and treatment information.

HIV Priority Populations

Some groups in Ontario are affected more than others by HIV. This workshop will talk about who these groups are, and why they are at greater risk for getting HIV

For more information: stanislav.tikhonov@tngcs.org