

Language & Settlement Programs – June 2026				
Program	When	Location	Program Description	Inquiry / Registration
Settlement Services (North York & downtown)	Monday – Friday 9 AM – 4:30 PM	<ul style="list-style-type: none"> 5231 Yonge St, Suite 200 489 College St, Unit 205 	<ul style="list-style-type: none"> Needs assessments Information and referrals to needed community resources Assistance in completing government application forms such as PR renewal, health-card, Child Tax, childcare subsidy, CCB, etc. 	<p>Drop-in & by-appointment</p> <p>Farhama.Haris@tngcs.org Bruce.Chim@tngcs.org Nancy.Sun@tngcs.org Celine.Chen@tngcs.org</p>
LINC English classes (Pre-CLB to CLB 4)	Multiple schedules throughout the week	5231 Yonge Street, Suite 200 and online	<ul style="list-style-type: none"> Learning or improving English skills to help settle in Canada Free program for Permanent Residents and Convention Refugees LINC registration is open 	<p>Bruce.Chim@tngcs.org Nancy.Sun@tngcs.org Farhama.Haris@tngcs.org</p>
Housing Help One-on-one Support (North York)	Every Wednesday 1 PM – 4:30 pm	5231 Yonge St, Suite 200	<ul style="list-style-type: none"> A Housing Help Centre staff member available on-site Housing needs assessments & assistance in finding affordable market-rate housing, subsidized housing, LEAP and other subsidized hydro bill applications 	<p>Drop-in & by-appointment</p> <p>Farhama.Haris@tngcs.org Nancy.Sun@tngcs.org Elnaz.Ghez@thhc.org</p>
Advanced English Conversation Group	Wednesday June 10,17,24 10 AM – 12 PM	5231 Yonge St, Suite 200	<ul style="list-style-type: none"> Practice your English listening and speaking skills through engaging conversations Utilizing everyday English language to use in the real world 	<p>Must Register</p> <p>Farhama.Haris@tngcs.org Newcomer.Centre@tngcs.org</p>

Free Internet Access Through the Toronto Public Library	Throughout June 2026	5231 Yonge Street, Suite 200	<ul style="list-style-type: none"> • Free internet access at home • Wi-Fi hotspot device available for eligible clients • Must live in Toronto • Must have a Toronto Public Library card • One device per household • Limited spots available 	<p>Must Register</p> <p>Farhama.Haris@tngcs.org Newcomer.Centre@tngcs.org 416-925-2103 ext. 2242</p>
Citizenship Preparation Class	<p>Wednesdays June 30 July 02,07,09,14, 16, 21, 23</p> <p>10 AM – 12 PM</p>	5231 Yonge Street, Suite 200	<ul style="list-style-type: none"> • Learn about the Canadian citizenship test format and structure • Understand the rights and responsibilities of Canadian citizens • Explore Canada's history, geography, government, laws, and symbols • Practice citizenship test questions and participate in class discussions 	<p>Must Register</p> <p>Farhama.Haris@tngcs.org Newcomer.Centre@tngcs.org 416-925-2103 ext. 2242</p>
Wellness Begins With You Self-Care & Healthy Living	<p>Wednesday June 10 1:00 PM</p>	5231 Yonge Street, Suite 200	<ul style="list-style-type: none"> • Learn the meaning and importance of self-care • Explore physical, emotional, mental, and social well-being • Recognize common daily stressors and life challenges • Develop healthy coping strategies and routines • Improve overall wellness and work-life balance 	<p>Must Register</p> <p>Farhama.Haris@tngcs.org Newcomer.Centre@tngcs.org 416-925-2103 ext. 2242</p>

Anyone can access our settlement services regardless of immigration status or how long in Canada, except for our LINC programs

Phone inquiries: 416-925-2103 extension 2242 (English & Farsi) or 2234 (English, Cantonese & Mandarin)